

Taste of the Southwest

QUESADILLAS

Baja-style Chicken Quesadilla

Grilled seasoned white meat chicken strips, black beans, roasted red bell pepper and corn salsa with reduced fat Monterey Jack and cheddar cheeses in a gourmet wholegrain tortilla.

BBQ Chicken Quesadilla

Mesquite-seasoned chicken strips, bacon, corn, tomato, onion and rice with cheddar & lowfat mozzarella cheeses and BBQ sauce in a flour tortilla.



TACOS

Baja-style Fish Tacos

Flame grilled Mahi Mahi topped with our lowfat yogurt sauce, salsa, cabbage and lime, served on wholegrain corn tortillas.

Mexico City Tacos

Your choice of flame grilled chicken, beef or shrimp, topped with lettuce, tomatoes and cheese and served with salsa and wholegrain flour tortillas.

BURRITOS AND WRAPS:

Southwestern Burrito

Made with fire roasted poblano peppers, jalapeño peppers, black olives and organic corn masa, combined with organic pinto beans and Monterey Jack cheese in an organic whole wheat tortilla. Choice of chicken, beef, shrimp or vegetarian.



Santa Fe Chicken Wrap:

Grilled chicken, tomatoes, fresh spinach, roasted red peppers, black beans, corn and reduced-fat cheeses, tossed with chili-lime dressing, wrapped in a whole grain tortilla.

ENCHILADAS

Santa Fe Chicken Enchilada Bowl

Homestyle corn tortillas, organic rice, beans, chicken and vegetables, layered with Monterey Jack cheese

and a delicious enchilada sauce.

Southwest Black Bean Vegetable and Chicken Enchilada

Whole grain corn tortillas made from freshly ground organic corn, filled with a blend of organic black beans, chicken and vegetables and covered with a traditional Mexican sauce and lowfat cheeses.

Chicken Enchilada Suiza

Enchilada with chicken and a sour cream sauce, topped with your choice of red or green sauce and lowfat cheeses.

FAVORITES

Mexican Tamale Pie

Organic beans and vegetables in a lightly spiced Mexican sauce with a golden corn polenta topping and lowfat cheeses.

Lasagna Mexicana

Lasagna done the Mexican Way. Layers of corn tortillas, turkey sausage, black beans, tomatoes, roasted red bell peppers and corn topped with plenty of low fat Mexican cheeses and our delicious red sauce.

Fiesta Grilled Chicken

Seasoned and grilled white meat chicken with santa fe-style rice and beans.



Texas Style Fajitas

This popular Tex-Mex dish consists of seasoned grilled onions and bell peppers with your choice of chicken, pork, shrimp or beef. Served with flour or corn tortillas.

SALAD

Santa Fe Chicken Salad

Grilled chicken breast atop a bed of fresh spinach, tossed with roasted red peppers, sliced fresh mushrooms and reduced-fat cheddar and mozzarella cheeses. Served with chili-lime vinaigrette dressing.

SOUP

All soups come with a side of multigrain breadsticks or tortillas



Chicken Tortilla Soup

This tasty and healthy soup is made with chicken breasts, onion, garlic, tomatoes, green chile, cilantro, and corn tortillas.

Albondigas (Mexican Meatball Soup)

A favorite in Mexico, Albondigas is a light soup with hearty chunks of vegetables and small rice-filled turkey meatballs. Garnished with fresh cilantro and served with your choice of our homemade tortillas.

Posole (Green Chili Stew)

This satisfying stew is made with pork tenderloin and contains fresh roasted tomatillos and poblano peppers, cubed potatoes, cilantro, cumin, garlic and onion.

FOR MORE INFORMATION CONTACT:

WWW.MARKSDELICIOUSADVENTURES.COM

