

# *Taste of Italy*

## PASTAS

### *Tuscan Style Chicken with Pasta*

Chicken tenderloins and linguini pasta in a creamy sun-dried tomato sauce served with broccoli and carrots.

### *Pesto Chicken with Bow Tie Pasta*

Grilled chicken with asparagus, peas, pine nuts and sun dried tomatoes in a creamy pesto sauce over bow tie pasta.



### *Pasta Primavera*

Bell peppers, onions and mushrooms in a spicy arrabbiata sauce over penne. Add chicken or shrimp if desired.

### *Chicken or Shrimp Scampi*

Chicken breast tenderloins or shrimp sautéed with bell peppers, roasted garlic and onions in a garlic cream sauce over angel hair.

### *Fettuccini Alfredo*

Fettuccini pasta with a delicious Alfredo sauce made with Romano and Parmesan cheeses, cream and butter. Accented with black pepper and parsley. Add chicken or shrimp if desired.

### *Classic Spaghetti and Meatballs*

Spaghetti with lots of homemade meatballs in a hearty homemade tomato sauce.

### *Sundried Tomato and Pesto Chicken and Pasta*

Tender white meat chicken with cavatappi pasta, zucchini, black olives and Parmesan cheese tossed in a sun-dried tomato pesto sauce.

## LASAGNA

### *Classic Italian Lasagna*

Layers of pasta, meat sauce and mozzarella, ricotta, parmesan and romano cheese.

### *Roasted Vegetable Lasagna*

Whole grain lasagna noodles layered with creamy ricotta blended with a mixture of fire roasted organic vegetables (bell peppers, zucchini, squash, carrots, celery, onions, garlic, etc.) and covered with a fresh tasting tomato sauce and lowfat cheeses.

### *Lasagna California*

Lasagna done the healthy way with turkey sausage and lots of veggies. Layers of whole wheat lasagna noodles, turkey sausage, tomatoes, roasted red bell peppers, zucchini and yellow squash topped with plenty of low fat ricotta and mozzarella cheeses and a delicious marinara sauce.

### *Wild Mushroom Lasagna*

Made with whole grain lasagna noodles, white bechamel sauce, ground nutmeg, an assortment of wild mushrooms and freshly ground Parmesan cheese.

## SOUP

### *Classic Italian Minestrone Soup*

Fresh seasonal organic vegetables, beans and pasta in a beef and tomato broth. Hearty, satisfying and guilt free...an Italian classic!

### *Pasta Fagioli Soup*

Pancetta (Italian bacon), fresh organic vegetables, white and red kidney beans and pasta in a light beef and tomato broth...an Italian favorite!

## PANINI

### *Panini de Venice*

Grilled chicken breast, basil pesto, reduced fat mozzarella, spinach & tomatoes served on grilled cibatta artisan bread.

### *Panini de Florence*

Grilled egg plant, zucchini, yellow squash, spinach & tomatoes, reduced fat mozzarella and basil pesto served on grilled cibatta artisan bread.

### *Panini de Roma*

Thinly sliced black forest ham, pickle, spinach & tomatoes, reduced fat Swiss cheese, Dijon-style mustard and reduced fat aioli (garlic mayonnaise), served on grilled cibatta artisan bread.



## PIZZA

### *Roasted Vegetable Pizza*

Organic olive oil and tomatoes are spread on a delicious whole grain pizza crust. The crust is topped with a collection of roasted vegetables and lowfat cheeses.

### *Classic Margherita Pizza*

Chewy whole grain crust topped with a simple sauce made from organic tomatoes. And, the best of all is the toppings is the fresh mozzarella cheese sprinkled with parmesan and basil.

### *Mushroom and Sausage Pizza*

We've added turkey sausage, mushrooms and olives and a wonderful pizza sauce and mozzarella cheese to a chewy wholegrain crust to create this pizza.

### *Pesto Pizza*

Chewy wholegrain crust topped with homemade pesto, part skim mozzarella cheese, garden fresh organic tomato slices and select vegetables.



*BBQ Chicken Pizza*

Tender white meat chicken, onions, cilantro, reduced fat mozzarella & cheddar cheeses in a tangy BBQ sauce on a chewy wholegrain crust.

FOR MORE INFORMATION CONTACT:

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